

Study on Impact of Emotional Intelligence on the Academic Performance of the Students with Special Reference to Management Students

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Abstract: The high competition in the education industry and the growing opportunities in the pool of new types of job has brought in the new concept of emotional intelligence in the business world. It is a feature of growth that has become more vital in a world where all our attention is concentrated on academic excellence. In this paper the factors affecting emotional intelligence are studied, the relation between Intelligence Quotient and Emotional Intelligence is established and the effect of emotional intelligence of management students on their academic performance is studied. The result of the study shows that the emotional intelligence has significant effect on the academic performance of management students. The findings also suggest that the emotional intelligence of the students may be further bettered so that their academic performance may further be enhanced.

Keywords: Emotional Intelligence, academic performance, Intelligence Quotient

I. INTRODUCTION

In the current scenario, there is a huge competition in the education world. Along with competition there also exists lot of stress among students to get good score. With this atmosphere all around Emotional intelligence which is a new concept is gaining recognition in the business world. This concept is of unparalleled interest in both the popular literature and also within academia. Along with IQ (Intelligence Quotient), EQ (Emotional Quotient) ranks right up there in every educationist's endeavor to create well-rounded, accomplished individuals. It is defined as the ability to identify, use, understand and manage emotions in a healthy and effective fashion. This ability helps students empathize with others and themselves, and deal with difficult situations without getting frazzled. It affects relationships, academic performance and even the way students handle pressure. Emotional intelligence is also known as emotional quotient or EQ. The word emotional intelligence is defined as the ability to understand, use, and manage your own emotions in positive ways to relieve stress, communicate effectively, empathize with others, overcome challenges and defuse conflict.

1.1 Objectives

1. To understand the concept of emotional intelligence.
2. To know the factors affecting EI
3. To understand the relation between EI and IQ.
4. To study the effect of EI on the academic performance of Management students.

1.2 Hypothesis

- H_0 : There is no effect of EI on the performance of students.
- H_1 : EI of a student affects his/her performance.

II. RESEARCH METHODOLOGY

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